



Language Functions and AAC

TEACHING REFUSING

The right to refuse or reject undesired objects, actions, events, or choices.



Communication Bill of Rights - Right #3

Being able to refuse or reject is the basis for self-advocacy, self-determination, and autonomy! This is especially important in a world where we are taught to comply, follow the rules/directions, and generally not rock the boat.

Early words to teach: no, don't, not, different, stop, yucky, not like, etc.

HOW TO TEACH IT

- model rejecting/refusing throughout the day
- model rejection words lots of times in many different contexts and in many different places
- have different communication partners model refusing and rejecting
- observe your child to figure out something they REALLY DON'T WANT, then model how to refuse/reject it
- model how to navigate their AAC to help them find the words they need to make a refusal
- after you have modeled rejecting/refusing many, MANY, MANY times, start pausing to invite your child to try to use their AAC to refuse/reject

TIPS

- KEEP IT FUN and STRESS-FREE ~ you want your child to keep a positive feeling about their AAC system
- focus on times when you are not sure if your child is refusing or rejecting
- take advantage of opportunities for your child to express rejection/refusal to unfamiliar (or less familiar) people
 - help the interaction by cueing the communication partner to pause and wait

⚠ REMINDERS ⚠

Your child communicates in many different ways. Be sure to honor **all** their communication. If your child rejects or refuses in another way (e.g., gestures), model it on their AAC and then respond.

Communication is not a test. Do not make your child refuse or reject more than once or in multiple ways.

Be ready - and open - to your child expressing a refusal that you do not want to hear. It is important and okay for them to refuse or reject, even when it still has to happen (e.g., for health/safety). If you can't honor a rejection or refusal, acknowledge their communication and talk about why it has to happen. Give them choices about how and/or when it happens if possible.

Do not insist on them using a complete sentence.

Remember: there are many reasons we communicate (language functions).

Communication is about connecting and relationships. Keep it fun and simple. Focus on connecting and interacting with your child.

NWACS is the oldest and longest-running organization in the Pacific Northwest for the support of persons with complex communication needs. It is a non-profit, completely volunteer organization that was founded in the late 1970s. We focus on educating and raising awareness about augmentative and alternative communication (AAC).

Learn more: www.nwacs.info